

Report of Medical Examination

Name: _____ Age: _____
Last First Middle

Instructions for Medical Examiner:

The standard for acceptance into the NROTC college program is the ability to fully participate in training activities. This includes strenuous physical exercise and activities which may occur in a hot and humid environment. Defects that have the potential to result in illness or injury brought on by physical exercise should be identified. The examiner should list any condition(s) which could interfere with full and unrestricted participation. Conditions that will or likely to require treatment, particularly unresolved injuries and recurrent illness must be listed. History of immunization should be verified to the satisfaction of the medical examiner.

Height: _____ Weight: _____ Obese: Yes/No Pulse: _____

Blood Pressure: _____ Visuar Acuity: _____ Color Vision: _____

Wear Glasses: Yes/No Wear Contacts: Yes/No Hemoglobin: _____

Hematocrit: _____

Urinalysis: Glucose: _____ Albumin: _____ Blood: _____

Lungs: _____ Heart: _____ Abdomen: _____ Genitalia: _____

Hernia: _____ Spine: _____

Orthopedic oriented examination (evaluation of conditions that may limit involvement in physical activities – sports, physical training, etc.):

Body Symmetry: _____ Cervical Spine Motion: _____ Upper Body Flexibility: _____

Lower Body Flexibility: _____ Knee Stability: _____ Other: _____

Remarks:

It is the opinion of the medical examiner that the examinee has/does not have (circle one) a communicable (or other) disease, injury, or other condition that will restrict his/her participation in the NROTC program. Please list any disqualifying conditions above.

Signature

Date

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Typed or Printed Name of Medical Examiner

Address of Medical Examiner

Medical Examiner Phone Number

Acceptance Criteria for NROTC College Program

1. Acceptance is based upon the ability to participate in strenuous physical activity and the absence of contagious disease, illness, or history of injury that will or is likely to require medical care or restriction of participation during training exercises or physical readiness training.
2. Special attention should be given to orthopedic and cardiovascular conditions or complaints.
3. Conditions that are considered disqualifying include:
 - a. Symptomatic or recurrent orthopedic complaints
 - b. Allergies or hypersensitivity to foods, medications, or insect bites/stings.
 - c. History of seizures or convulsions, head injuries requiring hospitalization, loss of consciousness
 - d. Diabetes requiring dietary restrictions or medication
 - e. History of chronic motion sickness, sleep walking, or bed wetting since age nine
 - f. History of asthma, including reactive airway disease, exercise induced bronchospasm or asthmatic bronchitis, reliably diagnosed and symptomatic after the 13th birthday. Reliable diagnostic criteria may include any of the following elements: substantiated history of cough, wheeze, chest tightness and/or dyspnea which persists or recurs over a prolonged period of time, generally more than 12 months.
 - g. History of Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD), or perceptual/learning disorder(s) unless applicant can demonstrate passing academic performance and there has been no use of medication(s) in the previous 12 months.

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4. Specific clinical examinations that are required include urinalysis, hemoglobin, and/or hemocrit. When clinically indicated, laboratory tests for hemoglobinopathies are recommended.
5. For purpose of this examination, there is no specific limit for defective vision. However, applicants who wear glasses or contact lenses but cannot participate in training activities that require removal of glasses (or contacts) should be reviewed on a case by case basis.
6. There is no provision for “waiver” of the acceptance criteria for participating in the NROTC college program. Examining physicians may submit appropriate statements for consideration of acceptance when the examiner is of the opinion that the applicant will not encounter any restriction of participation in the program and that the condition in question does not present an unacceptable risk for aggravation or worsening as a result of participation in the activities of the program. Conditions that will require medication or treatment during the period of training should be considered as not meeting the criteria for qualification.
7. Final Authority for acceptance of applicants is the Commanding Officer, NROTC unit, University of Wisconsin, 1610 University Ave, Madison, WI 53726